

Value Statement

Well rounded individual that values hard work, commitment, dedication, and thrives in challenging situations. I intend on pursuing an advanced degree in the medical field and have particular interest in anesthesiology, pediatric cardiology and medical research.

Areas of Expertise

Leadership

Service

Scholastic Achievement

Extra-Curricular Accomplishments

Achievements

Miss South Jordan (Community Service including STEM platform for women presentations to schools) 2016-17

Full Time Service Mission, July 2014- Jan 2016 Spanish speaking in Mendoza, Argentina for the Church of Jesus Christ of Latter-day Saints (leadership experience including Sister Training Leader)

Coca-Cola National Scholar, 2013

One of 250 selected from over 111,000 national applicants (Only young woman selected to represent UT along with three young men)

Recipient of Bingham High School Pick and Shovel Award, 2013

Bingham High School's Highest Honor (given to one young man and one young woman each year- 785 in 2013 graduating class)

School Winner and Regional Science Sterling Scholar Finalist, Deseret News, 2012-13

Team Member of University of Utah Bioscience Research Team, 2012

One of 16 selected students to participate in program. I helped discover three new haplotypes and a cross-over on the mitochondrial genome of cyamid B-10 while doing population genetics research on Southern Right Whales. I will be listed as a principal co-author when findings are published.

University of Utah Recognition Award for Outstanding Academic Service, 2013

240+ hours of research contributions

Member of Brigham Young University Kauwe Research Team (Alzheimer's), 2013-14, 2016-17

AP Scholar with Honors Award, 2012 and **AP Scholar of Distinction Award**, 2013

I have taken nine AP classes/tests as well as many honors and concurrent enrollment classes. Graduated from Bingham High School with Honors in top 10% of class of 785 students.

Utah Scholars Award and Exemplary Achievement Award, Utah State Board of Regents, 2013

Member of Girl Scouts of America, 2001-2013 (as a scout), 2013 forward (Lifetime Member) Received Bronze, Silver, Take Action, and Gold Awards (highest recognition) in addition to numerous other badges and awards. Also held many leadership positions including Program Aide.

State of Utah Volunteer Recognition Award, Office of Lieutenant Governor, 2013

I can conservatively estimate/document over 770 hours of service 9-12 grade, and have since served a full time mission for 18 months, as well as volunteered time at Intermountain Health Care in Provo, UT

Rotary Club/Bingham High School Miner of the Month Award, 2013**Member of National Honors Society and National Honors Society Service Committee****Member Varsity Cheer Team, 2009-2013**

Won State '12, '13 and National Advanced Varsity Co-Ed Championship Title '13

Member of the High School Symphony, 2009-2013.

Played violin since age four. I have been Concert Master, received the Outstanding Musician Award, was selected to play a solo with the symphony at Bingham High School's Concerto Night, received the highest score of a "1" on Bruch Concerto in G Minor (qualified to compete at State), and also played as 1st violin for Sounds of the Season Symphony.

Category Team Leader for Bingham High Science Olympiad Team, 2012-2013

Specific categories included anatomy, chemistry, designer genes, and disease detectives. Competed at State.

Melvin's Hero Recognition, Bingham High School, 2012**Young Womanhood Recognition Award, Church of Jesus Christ of Latter-day Saints, 2012****Leadership Positions, Church of Jesus Christ of Latter-day Saints**

Served on Stake Youth Advisory Committee, was a Youth Camp Leader (YCL), as well served as President for Beehive, Mia Maid, and Laurel classes. Served at BYU as Relief Society President, Trainer, and Sister Training Leader in Argentina, Mendoza mission.

Member Devotion to Motion Dance Team

Won numerous awards in competitions

Miss South Jordan 1st Attendant, 2013**Volunteer Intermountain Health Care Hospital; Intensive Care Unit, Emergency Department and Radiology Department, 2013-14, 2016****Member Phi Eta Sigma Honors Society, Future Female Physicians Club, and BYUSA, BYU 2013-16****Employment**

I've been employed since age 13 as a coach for tumbling, gymnastics and cheer. I've also instructed dance, taught private violin lessons, and worked at a concession stand. In addition to my volunteer work at the hospital, I work in the Kauwe Lab at BYU (2013-14, 2016-17), and also as a guest coach at AP Dance in South Jordan, UT.

Education

Brigham Young University 2013 – present (majoring in microbiology, minoring in Spanish and chemistry)

Certified Nurse Assistant (2016)

Bingham High School Graduate 2013 (with Honors, Cords, and Enhanced Diploma)

Four Year Seminary Graduate 2013 (Church of Jesus Christ of Latter-day Saints Education System)

Participant in numerous extra-curricular educational experiences including Mini Med School (University of Colorado), IHC Health Camp (Murray, UT), Sea/Biology Camp (San Diego, CA), four years of EFY (Especially for Youth – Provo, UT), BYU Foundations of Leadership Summit (Aspen Grove, UT), Coca-Cola Alumni Scholars Leadership Summit 2013 (Atlanta, GA), and Biotechnology and Bioinformatics Symposium (BYU), Coca-Cola Alumni Scholars Service and Leadership Summit 2016 (Austin, TX).

Transcript/References available upon request